

**Comprehensive Health Education**

The Solano County Office of Education (SCOE) believes that health education should foster the knowledge, skills, and attitudes that students need in order to lead healthy lives and avoid high-risk behaviors. The health education program shall be part of a coordinated school health system which supports the well-being of students and is linked to SCOE and community services and resources.

Goals for the health education program shall be designed to promote student wellness and shall include, but not be limited to, goals for nutrition education and physical activity.

The County Superintendent or designee shall provide professional development as needed to ensure that health education teachers are knowledgeable about academic content standards and effective instructional methodologies.

Legal Reference:

EDUCATION CODE

- 8850.5 Family relationships and parenting education
- 35183.5 Sun protection
- 49413 First aid training
- 49430-49436 Pupil Nutrition, Health and Achievement Act of 2001
- 49490-49494 School breakfast and lunch programs
- 49500-49505 School meals
- 51202 Instruction in personal and public health and safety
- 51203 Instruction on alcohol, narcotics and dangerous drugs
- 51210 Areas of study
- 51210.8 State content standards for health education
- 51220.5 Parenting skills; areas of instruction
- 51260-51269 Drug education
- 51513 Personal beliefs
- 51880-51881.5 Health education, legislative findings and intent
- 51890-51891 Comprehensive health education programs
- 51913 District health education plan
- 51920 In-service training, health education
- 51930-51939 Comprehensive sexual health and HIV/AIDS prevention education

CALIFORNIA CODE OF REGULATIONS, TITLE 5

- 11800-11801 District health education plan

Policy Cross-Reference:

- 0200 Goals for the School District
- 1020 Youth Services
- 3513.3 Tobacco-Free Schools
- 3514 Environmental Safety
- 3550 Food Service/Child Nutrition Program
- 3554 Other Food Sales
- 4131 Staff Development
- 5030 Student Wellness

**Policy 6142.8 (Continued)**

Policy Cross-Reference: (Continued)

- 5131.6 Alcohol and Other Drugs
- 5131.63 Steroids
- 5141.22 Infectious Diseases
- 5141.23 Asthma Management
- 5141.3 Health Examinations
- 5141.32 Health Screening for School Entry
- 5141.4 Child Abuse Prevention and Reporting
- 5141.6 Student Health and Social Services
- 5141.7 Sun Safety
- 5142 Safety
- 5146 Married/Pregnant/Parenting Students
- 6011 Academic Standards
- 6141 Curriculum Development and Evaluation
- 6142.1 Sexual Health and HIV/AIDS Prevention Instruction
- 6142.7 Physical Education
- 6143 Courses of Study
- 6164.2 Guidance/Counseling Services